



SSRVM TRUST (Regd.)

Sri Sri College of Ayurvedic Science and Research

An ISO 9001 : 2008 Certified Institution

Affiliated to Rajiv Gandhi University of Health Science - Karnataka
Recognised by CCIM & Permitted by Government of India.

Annual Report - 2020- 2021

Jai Gurudev

The annual report covers a broad spectrum of activities and events which made the Sri Sri College of Ayurvedic Science and Research hospital, advanced truly positive. The curriculum was good and there were many achievements.

- National Youth Day was celebrated in our College on 11th January 2020 and on this occasion a Voluntary Blood Donation Camp was organized in our College and Hospital in association with Rashtrottana Blood Bank, Chamrajpet, Bengaluru.
- Department of PG studies in Shalya Tantra has organized a Guest Lecture on Wednesday, 22nd January 2020. Dr. Ajayan S, M.D., Ph.D in Dravyaguna and Renowned Traditional Marma Practitioner was the Guest Speaker and the topic was “Principles and Practice of Bandages in Agastya Marma Shastra w.s.r. to Knee and Ankle” and also Department of PG studies in Dravyaguna Vignyana has organized one more Guest Lecture on the same day with the same guest speaker Dr. Ajayan S, with the Topic “The Road back to the Ayurvedic understanding of Dravyas”
- Department of Post Graduate studies in Swasthavritta has organized a guest lecture on 24th January 2020. The Guest Speaker was Dr. Rangaraj Iyengar, President, Shri Vikas Vidya Kendra, Bangalore on the Topic “The Science of Yoga Mudras”.
- 71st Republic Day was celebrated in our college campus on 26th January 2020.
- Two Guest lectures were arranged for the 1st year PG scholars on 1st February 2020. For this the Guest Speakers were Dr. Ravi Shankar, Research Head, SSCASR and Mr. Shashidhar Joshi, Statistician, Bangalore on the topic “Scientific writing” and “Statistic in drug development” respectively.
- Department of Post Graduate studies in Dravyaguna Vijnana in association with Himalaya Drug Company, Bangalore organized a guest lecture on Tuesday, 4th February 2020 on the topic “The Current Research trends in Drug Research, Approaches for Study Design and Publication by the Guest Speaker Dr. Raghavendra Prahlad Rao, Principal, Scientist-Discovery Sciences/Cell Biology, Himalaya Drug Company, Bangalore. The event was followed by Jeevaka and Ayur Visharada Award Ceremony. Dr. Manasa and Dr. Bismi were the recipients of the awards respectively.



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- Department of Post Graduate studies in Prasooti tantra and Streeroga flagged off the project "Ayushmati" on the occasion of International Woman's Day in our hospital. The project was meant to address the importance of breast examination and cervix.
- NSS Camp was organized by the NSS unit from 9th February to 15th February. The Medical Camp was arranged at Mangala Village, Mandya District, and Karnataka.
- Department of Post Graduate studies in Kaya Chikitsa organized the project "SUMANAH", a Free Medical camp for IBS and Insomnia patients from 20th February to 20th March in our hospital.
- Ministry of Youth Affairs and Sports, Government of India in association with NSS Regional Directorate, Bangalore and Rajiv Gandhi University of Health Sciences, Karnataka and our college NSS wing organized Ek Bharat Shreshtha Bharat, National Integration Camp - 2020 in our college campus from 24th to 1st March 2020.
- Department of Kriya Shareera organized a guest lecture on Thursday, 27th February 2020 for the Topic "An overview on Nervous System" by the Guest Speaker: Dr. Suhas Y. Shirur, Assistant Professor, Dept of Medical Physiology, Kodagu Institute of Medical Sciences, Kodagu, and Karnataka.
- Department of PG studies in Prasooti Tantra evam Stiroga celebrated International Woman's Day on 10th March 2020 by organizing a guest lecture. For this the Guest Speaker was Dr. Suchitra R., Renowned Oncologist in Gynecology, Laparoscopic and Robotic Surgeon, Fortis Hospital, Bangalore on the Topic "Cervical and Breast Cancer Awareness".
- On the occasion of World Environment Day, NSS wing of College has organized saplings plantation program in our college campus. Free distribution of 50 plant saplings was done to the patients.
- International Yoga Day was celebrated on the team "Yoga at home and Yoga with family" on 21/06/2020 by Department of Swasthavritta and Yogawith NSS unit.
- As per the instructions of Registrar, Rajiv Gandhi University of Health Sciences, Karnataka the internees have been deputed for training on COVID -19 duties on 30th July 2020. The training was held at Bangalore Medical College and Research Institute, Kaveri Hall, Bengaluru. All the internees were undergone the training program.



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- Department of Post-graduate studies in Kayachikitsa conducted an online session “Kayachikitsa Jnana Prabodha” webinar on the topic of “Clinical application of Rasayana and Vajeekarana chikitsa and its recent advances” on 7th of August 2020.
- 75th Independence Day was celebrated in our college on August 15th.
- Department of Post Graduate studies in Dravyaguna Vijnana organized a webinar on the topic “Cultivation and Conservation of Endangered Medicinal Plants” on 6th September 2020.
- An interaction session with expert was organized by Department of PG studies in Kayachikitsa for the PG scholars on 22nd September 2020.
- NSS wing in association with Rashtrottana Blood Bank, Bengaluru organized a voluntary blood donation camp and Global Hand washing Day on 15/10/2020.
- On 1st November 2020 Kannada Rajyatsava was celebrated.
- The 5th National Ayurveda day is celebrated on 13th November 2020, on the theme “Ayurveda For Covid-19 pandemic”.
- A Guest lecture was arranged by Department of PG studies in Rasa Shastra and Bhaishajya Kalpana on Friday, 8th November by the Guest Speaker Dr. B. I. Mathapathi, Professor, Dept. of Rasa Shastra and Bhaishajya Kalpana, ALN Rao Ayurvedic Memorial College, Koppa, Karnataka. The Topic was Utilization of Indian Alchemy and Ayurvedic Pharmaceutics in the present clinical practice.
- National Youth Day was celebrated along with Voluntary Blood Donation Camp on 12th January 2021.
- The project National campaign on Amrita for Life (Tinospora cordifolia), sanctioned by National Medicinal Plant Board, Ministry of Ayush, Govt. of India, New Delhi was launched on 25th January 2021. Vaidya Rajesh Kotecha has marked the launch of the project by distributing the Amrita saplings and addressed the gathering.
- Republic day was celebrated on 26th January.
- A guest lecture from Department of Post Graduate studies in Kayachikitsa on the topic “Structural and Therapeutic developments of COVID-19, a scientific way of understanding” on 4th February 2021. The resource person was Dr. Hemant Kumar, M.Sc., PhD (Bio), PhD (Chem), MBA (Healthcare management), Oncobiology, a renowned scientist with expertise in Drug discoveries, AI based studies, Phytochemical studies, Genome based studies, Toxicology studies and Traditional research in clinical oncology.

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- CME programme was organized by SSCASR in association with The Himalaya Drug Company, Bengaluru on Thursday, 18th February 2021. The Guest Speaker was Dr. Srikanth K., National Manager - Scientific Services, Pharmaceutical Division, The Himalaya Drug Company, Bengaluru. He delivered a lecture on topic – “After BAMS What next ...?” .Programme also included awarding the toppers of final year B.A.M.S. RGUHS University examination (2015-16 Batch).

Dr. Shashikala V. and Dr. Preethi P. were the recipients of the awards sponsored by The Himalaya Drug Company, Bengaluru.

- On 8th March 2021, Guru Pooja and Induction Ceremony for the First year UG and PG students was organized.
- A guest lecture from Department of Post Graduate studies in Prasooti tantra and Streeroga was organized on 8th March 2021 on the topic “Clinical approach to various Gynaecological disorders” and “Awareness on breast and cervical cancer” on 08th of March 2021 to mark International Women’s Day. The resource persons were Dr. Pushkala Badarinarayan, Associate Professor and HOD, Department of Prasuti Tantra and StreeRoga, SDM institute of Ayurveda and Hospital, Bengaluru and Dr. Radha, MBBS DGO, Primary Health Center, Kaggalipura.
- Department of Samhita and Siddhaanta on 19.03.2021 organized a guest lecture. The Guest Speaker was Dr. Arhanth kumar A., Associate Professor, Department of PG Studies in Ayurveda Samhita and Siddhanta, SDM College of Ayurveda, Udupi and the Topic was “Samhita sadhyata - a journey through explored – unexplored”.
- Department of Samhita and Siddhanta organized a guest lecture On 23.03.2021 The Guest Speaker Dr. Divya Nagari, Assistant professor, Department of Samhita, Samskruta and Siddhanta, Sushruta Ayurveda Medical College, Bengaluru on the Topic “A critical review on Varnya dashemani gana along with its clinical relevance”

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HOSPITAL REPORT

- Hospital is established in the name of H. H. Gurudev's father POOJYA SWAMIRATNANANDAJI. Hospital is well equipped with all modern digital database system, with 268 beds of all categories, separate diet section for patients, attendee & staffs.
- Our hospital has holistic approach in treating all categories of patients with 9 specialty OPDs with separate fever clinic added during pandemic.
- Department of Kayachikitsa, with the vision and blessing of Guruji is treating and successfully managing various disorders. A special project - "MADHUMEHA NASHINI" launched in 2019, has successfully treated and managed around 1000 cases since then.
- Department of Shalya Tantra has been conducting Karmabhyasa, a unique skillful programme for the skill development of emerging surgeons.
- Department of Kaumarabhritya successfully conducting special Ayurvedic Immunization programme called "SRI SRI SWARNA PRASHANA".
- Department of Prasuti Tantra & Stri Roga have been successfully conducting ANC'S under the project "SUPRAJA".
- Department of Swasthavritta is taking care of people with Yoga, Diet & Life style consultations. Additional unit "SOUNDARYA" is also functional.
- Department of Shalakyia Tantra has been treating various eye and ENT related disorders with the help of various "KRIYAKALPAS". Painless tooth extraction has been a specialty running in our hospital. Separate OT facilities are available under Shalakyia Tantra .
- Department of Panchakarma one of the main departments of our Hospital is operating with 40 plus treatment rooms.
- A well established Physiotherapy unit runs along with supportive therapies like Osteopathy , CST, Naturopathy, Meru Chikitsa & Marma
- A well established Atyayika section for the successful management for Medical Emergency has been a great help to the patients
- A well-equipped Laboratory, X-Ray unit, ECG & USG facilities cater to both indoor & outdoor patients.
- One of the unique services hospital provides is HBOT (Hyper Baric Oxygen Therapy).



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- A recent addition of CYTOTRON machine has been boon in the Cancer care treatments which are provided in our hospital.
- SHYCOCAN, an effective instrument to neutralize the corona virus thereby disabling it from infecting a person has been recently installed in the hospital reception area.
- Our hospital was one of the three institutions which were identified as CCC, Covid Care Centres in Bengaluru on the onset of Pandemic. Since then we have provided care to hundreds of Covid positive patients.
- This year we have conducted 12 Free Health care camps rendering services to the needy.

PRINCIPAL/CMO

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